



VII Ochabski Bieg i Marsz NW Kobiet

Ochaby Wielkie, 2026-09-20 - Wyniki

Organizator - Rada Sołecka Ochab, KGW Ochaby

Nordic Walking

Poz.	Trasa	Kat./Poz.	[Nr]Nazwisko, imię	Klub	Czas	Strata	Tempo
1	Nordic Walking	OPEN/1	[146] KOŁODZIEJ, Joanna	MALINOWE GWIAZDY	0:32:34.50	+0:00:00.00	06:30min/km
2	Nordic Walking	OPEN/2	[118] NIEDERLIŃSKA, Gabriela	DRUŻYNA SMA	0:35:11.90	+0:02:37.40	07:02min/km
3	Nordic Walking	OPEN/3	[119] NIEZGODA, Lucyna		0:35:37.90	+0:03:03.40	07:07min/km
4	Nordic Walking	K2/1	[109] JANICZEK, Katarzyna		0:36:24.47	+0:03:49.97	07:16min/km
5	Nordic Walking	K3/1	[153] POŁOK-LATUSEK, Marzena		0:37:21.05	+0:04:46.55	07:28min/km
6	Nordic Walking	K3/2	[158] TOSONI, Beata		0:37:34.97	+0:05:00.47	07:31min/km
7	Nordic Walking	K3/3	[157] SZENDZIELORZ, Ilona	MALINOWE GWIAZDY	0:38:26.65	+0:05:52.15	07:41min/km
8	Nordic Walking	K2/2	[97] FARUGA, Agnieszka		0:38:54.53	+0:06:20.03	07:46min/km
9	Nordic Walking	K3/4	[142] GIZDOŃ, Gabriela		0:39:31.45	+0:06:56.95	07:54min/km
10	Nordic Walking	K2/3	[99] GAJDZICA, Magdalena		0:39:31.55	+0:06:57.05	07:53min/km
11	Nordic Walking	K3/5	[136] CZEMPIK, Aniela	MALINOWE GWIAZDY	0:39:46.14	+0:07:11.64	07:55min/km
12	Nordic Walking	K2/4	[100] GAWLAS, Anita		0:39:58.45	+0:07:23.95	07:59min/km
13	Nordic Walking	K2/5	[123] PIEKARCZYK, Ewelina		0:39:58.78	+0:07:24.28	07:59min/km

14	Nordic Walking	K2/6	[125] PUCHALIK, Dagmara Puchalik		0:40:01.04	+0:07:26.54	07:59min/km
15	Nordic Walking	K2/7	[107] HAJZYK, Jolanta	EKO-OKNA RUNNERS	0:40:05.70	+0:07:31.20	08:00min/km
16	Nordic Walking	K2/8	[101] GERLE-KOTULA, Anna		0:40:40.88	+0:08:06.38	08:08min/km
17	Nordic Walking	K2/9	[131] WANTOR, Sylwia		0:40:45.54	+0:08:11.04	08:08min/km
18	Nordic Walking	K3/6	[155] RASZKA, Barbara		0:41:04.19	+0:08:29.69	08:12min/km
19	Nordic Walking	K3/7	[156] STOPIŃSKA, Barbara	MALINOWE GWIAZDY	0:41:22.82	+0:08:48.32	08:14min/km
20	Nordic Walking	K3/8	[145] KARMAŃSKA, Danuta	NAJLEPSZE KIJKI W MIEŚCIE	0:41:22.87	+0:08:48.37	08:16min/km
21	Nordic Walking	K3/9	[147] KULIK, Krystyna		0:41:23.26	+0:08:48.76	08:16min/km
22	Nordic Walking	K2/10	[115] KUŚ, Sylwia		0:41:32.59	+0:08:58.09	08:17min/km
23	Nordic Walking	K2/11	[105] GÓRKA, Barbara		0:41:37.34	+0:09:02.84	08:18min/km
24	Nordic Walking	K2/12	[95] BIEŃKO, Iwona		0:41:40.31	+0:09:05.81	08:19min/km
25	Nordic Walking	K2/13	[96] BUZEK, Agnieszka		0:41:47.12	+0:09:12.62	08:21min/km
26	Nordic Walking	K2/14	[162] KOWALA, Agnieszka		0:41:47.77	+0:09:13.27	08:20min/km
27	Nordic Walking	K2/15	[106] GRUSZKA, Barbara		0:42:05.40	+0:09:30.90	08:24min/km
28	Nordic Walking	K2/16	[121] NOWAK, Joanna		0:42:07.02	+0:09:32.52	08:24min/km
29	Nordic Walking	K2/17	[120] NOWAK, Anna		0:42:07.72	+0:09:33.22	08:25min/km
30	Nordic Walking	K3/10	[141] DUTKA, Bożena		0:42:10.49	+0:09:35.99	08:25min/km

31	Nordic Walking	K2/18	[110] JANUSZEWSKA, Katarzyna	BOBOLKI	0:42:16.23	+0:09:41.73	08:26min/km
32	Nordic Walking	K3/11	[137] CZEMPIK, Kornelia	MALINOWE GWIAZDY	0:42:22.77	+0:09:48.27	08:26min/km
33	Nordic Walking	K2/19	[134] ŻEBROWSKA, Sylwia	BOBOLKI	0:42:25.15	+0:09:50.65	08:28min/km
34	Nordic Walking	K3/12	[166] KAJDA, Joanna		0:42:54.73	+0:10:20.23	08:34min/km
35	Nordic Walking	K2/20	[133] WARCHOLIŃSKA, Anna	EKO-OKNA RUNNERS	0:43:07.69	+0:10:33.19	08:37min/km
36	Nordic Walking	K2/21	[102] GERT, Sylwia		0:43:24.25	+0:10:49.75	08:39min/km
37	Nordic Walking	K2/22	[128] RYGULSKA, Monika		0:43:25.18	+0:10:50.68	08:40min/km
38	Nordic Walking	K2/23	[94] BARANOWSKA, Marta		0:43:34.72	+0:11:00.22	08:42min/km
39	Nordic Walking	K2/24	[129] SIKORA, Krystyna		0:43:51.50	+0:11:17.00	08:45min/km
40	Nordic Walking	K3/13	[148] LISIAK, Izabela		0:44:09.66	+0:11:35.16	08:48min/km
41	Nordic Walking	K2/25	[132] MARTYKA, Anna		0:44:56.52	+0:12:22.02	08:59min/km
42	Nordic Walking	K2/26	[116] KUŚKA, Joanna		0:45:12.56	+0:12:38.06	09:01min/km
43	Nordic Walking	K2/27	[98] FRANCUZ, Iwona		0:45:15.26	+0:12:40.76	09:02min/km
44	Nordic Walking	K2/28	[113] KOZIEŁ, Magdalena		0:45:16.58	+0:12:42.08	09:02min/km
45	Nordic Walking	K2/29	[130] W., Anna		0:45:30.93	+0:12:56.43	09:04min/km
46	Nordic Walking	K3/14	[149] MACHEJ, Małgorzata		0:45:47.22	+0:13:12.72	09:08min/km
47	Nordic Walking	K1/1	[93] TRYBUŚ, Natalia		0:46:03.51	+0:13:29.01	09:10min/km

48	Nordic Walking	K2/30	[103] GŁOWACKA, Sławomira		0:46:06.34	+0:13:31.84	09:11min/km
49	Nordic Walking	K3/15	[164] SŁOWIK, Monika	MALINOWE GWIAZDY	0:46:08.04	+0:13:33.54	09:11min/km
50	Nordic Walking	K2/31	[104] GŁOWANIA, Monika		0:46:25.80	+0:13:51.30	09:16min/km
51	Nordic Walking	K1/2	[92] ŚLIWKA, Ania		0:46:34.27	+0:13:59.77	09:17min/km
52	Nordic Walking	K3/16	[159] WICHER, Beata	NIEZRZESZONA	0:47:08.49	+0:14:33.99	09:24min/km
53	Nordic Walking	K3/17	[144] JĘDRZEJEWSKA, Katarzyna		0:47:32.39	+0:14:57.89	09:29min/km
54	Nordic Walking	K3/18	[154] PUDA, Bożena		0:47:39.56	+0:15:05.06	09:31min/km
55	Nordic Walking	K2/32	[108] JAGIEŁŁO, Sonia		0:47:44.57	+0:15:10.07	09:32min/km
56	Nordic Walking	K2/33	[114] KUC, Ewa		0:47:49.69	+0:15:15.19	09:32min/km
57	Nordic Walking	K2/34	[117] MADZIA, Beata		0:48:31.92	+0:15:57.42	09:42min/km
58	Nordic Walking	K3/19	[140] DUDA, Alicja		0:48:33.70	+0:15:59.20	09:42min/km
59	Nordic Walking	K3/20	[151] MISTEROWICZ, Jolanta	RUNSZ-TEAM	0:48:41.89	+0:16:07.39	09:43min/km
60	Nordic Walking	K2/35	[126] PUDEŁKO, Ewa		0:49:54.26	+0:17:19.76	09:57min/km
61	Nordic Walking	K2/36	[112] KAŻMIERCZAK, Monika		0:49:55.13	+0:17:20.63	09:57min/km
62	Nordic Walking	K2/37	[127] PYTEL, Joanna		0:50:38.94	+0:18:04.44	10:06min/km
63	Nordic Walking	K2/38	[124] PORĘBSKA, Anna		0:50:39.68	+0:18:05.18	10:06min/km
64	Nordic Walking	K2/39	[111] KAWA, Dorota		0:50:44.13	+0:18:09.63	10:07min/km

65	Nordic Walking	K3/21	[160] WOLAK, Krystyna	KOBIETY NA 5+	0:52:14.85	+0:19:40.35	10:25min/km
	Nordic Walking	K2/	[122] OLSZOK, Marta		DNS		
	Nordic Walking	K3/	[152] PANDER, Izabela	NAJLEPSZE KIJKI W MIEŚCIE	DNS		
	Nordic Walking	K1/	[91] NOWAK, Weronika		DNS		
	Nordic Walking	K3/	[150] MARYJOSZ, Katarzyna	MARYJOSZ TEAM	DNS		
	Nordic Walking	K3/	[143] HUBCZYK, Danuta		DNS		
	Nordic Walking	K3/	[135] BIERWIACZONEK, Edyta		DNS		
	Nordic Walking	K3/	[138] DRACH, Agnieszka		DNS		
	Nordic Walking	K3/	[139] DRÓŹDŹ, Beata	FEMFIT3D	DNS		